

Glen Vowell Band

A HEALTHY, SAFE, POSITIVE COMMUNITY THAT
IS SELF SUFFICIENT NOW AND FOR FUTURE
GENERATIONS



**RECYCLE PICK UP IS EVERY WEDS 11:30 AM
REGULAR GARBAGE PICK UP IS THURS AT
11:30 AM**

**PLEASE NOTE. WE WILL POST IF ANY
UNFORESEEN CHANGES OR HOLIDAYS.
THANK YOU.**



SOCIAL DEVELOPMENT CORNER



**A reminder to those who are on S.A. to fill out your forms *before*
the 20th of each month in order to be paid at the
start of the next month.**



**Also if you are requiring the assistance of the band with
your BC Hydro, Please remember to bring in your Hydro bill.**

EDUCATION CORNER



**Please Come in to the Sik-E-Dakh Learning
Center situated in the GV Board Room Update
Resumes, Job Search, search for online
courses. Please Contact the Band Office for
scheduled times to access Computers.**

CONTACT NORTH ONLINE COURSES



INTERESTED IN LEARNING OPPORTUNITIES?

CALL OR SEND AN EMAIL FOR ANY COURSE
IDEAS THAT YOU ARE MOST INTERESTED IN!



call us
250-842-5241



for more info please email
marika@contactnorthbc.ca



📍 7900 SIK-E-DAKH ROAD



LEARN AT YOUR OWN PACE ABOUT MEDICAL
ASSISTANCE

ONLINE FIRST AID TRAINING

GET CERTIFICATION IN
JUST ONE DAY
SIGN UP AT ANY TIME!



Free First Aid kit after
completion

SIK-E-DAKH BAND OFFICE

FOR MORE DETAILS EMAIL
MARIKA@CONTACTNORTHBC.CA OR CALL 250-842-5241

Education celebration 2022

On behalf of Glen Vowell Education Johannah Sessford we would like to thank all who attended the Education Celebration 🎓👤👤👤👤👤👤👤👤 A big thank you to the cooks & all those who decorated & set up the Glen Vowell Hall. A big thank you to the Glen vowell Students who cleaned & put away all the tables & chairs. A job well done!!

Congratulations to all the Children and Adults for their Accomplishments & Achievements in 2022 👍👏👤🎓👤👤👤👤



COMMUNITY EVENTS

GV Fun Day Event July 02 2022 – A Partnership with GHS, GCFSS & GV Band Office

On behalf of Carlene & myself, we would like to thank the Glen Vowell Band, GHS, & GCFS. Along with all the personal donations from one and all for the Glen Vowell Fun Day Event. 😊 I have listed what I can recall that was donated & contributed towards this event!!

Donations from GHS

- 2 Bikes
- 2 Helmets
- 2 Fans
- 2 Lawn chairs
- 2 Scooters
- 2 Rotating see saws
- 2 Junior Wheel barrows
- 1 Pogo Stick
- 1 Quick Set Pool

From Glen Vowell Band

- *2 Bikes
- *2 Bubble Lawnmowers
- *Numerous Soccer Ball
- *Numerous Bubbles
- *Numerous Miscellaneous items
- *Venue for Bathrooms at Farm school

-Providing the workers to help us, they did a great job!!

Drew, Kali, Shania, Coby, Lawrence & Cliff!!

From GCFS Food, Games, BBQ & Worker Cole Weget Assisted



List of the winners of the following door prizes!

- 1 Quick set Pool – Mary Jane Turley
- 1 Large bike – Marvin Sampson
- 1 Child's bike & helmet – Reagan Wright (gifted to Kiana Morrison)
- 1 Child's bike & helmet – Wesley McLeod
- 1 Child's bike & helmet – Lennox Wright
- 1 Fan – Will Inga Gawa
- 1 Fan – Frannah J Sampson
- 1 Lawn Chair – Hunter Kale
- 1 Lawn Chair – Kelsey Wale
- 1 Scooter – Lincoln Wale
- 1 Scooter – Mary Jane Turley
- 1 Rotating See saw – Wesley McLeod
- 1 Rotating See saw – Athena Sampson
- 1 Junior Wheel barrow – Kali Daniels
- 1 Junior Wheel barrow – Phelan Morrison
- 1 Pogo Stick – Reagan Wright
- 2 Bubble Lawn mowers – Airika Wesley-Janvier



Recognition for Kindness!!

This made my day! 😊 I believe this young lady Reagan Wright has a heart of gold! What a generous act of kindness from this young lady!! She won a child's bike & helmet and she decided to gift it to another child Kianna Morrison! Thank you, Reagan, for your act of kindness!! 😊



BIKE DECORATING!!:

All the kidlets & teens did an amazing job! It was awesome to see family & the other children helping out the little ones!! 😊

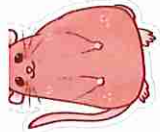
The winners of the bike decorating contest are...

- *Mary Jane Turley – Soccer ball
- *Wesley McLeod – Soccer ball
- *Riley Azak – Soccer ball
- *Will Gawa – Soccer ball

A big thank you to our judges Cole Weget & Lawrence Azak.

Always try and
find the good in
life, because when
it comes down to
it, you're alive,
and that's pretty
damn good.

-John Cena



GLEN VOWELL DAY CAMP AWESOME 2022

Time	Type of activity	Monday	Tuesday	Wednesday	Thursday	Saturday
1:00-1:15	<u>Circle – Traditional Welcome</u>	Introductions & Warm up activities and group games for getting to know each other	Warm ups Traditional lessons in	<u>Circle Time!</u> Meet then going to the Garden	<u>Circle Time!</u> Warm up games and self control games	<u>Circle Time!</u> Warm up games Self esteem and boundaries games
1:15 – 2:00	<u>Wellness Activities</u>	Alternated games and interactive activities	Group based Games/ teamwork building	<u>Garden visit</u>	Breathing activities for children	Self Care Bingo!!
2:00- 2:45	<u>Outside Recreation</u>	Badminton Bocce ball	California Kickball Camouflage Or Sardines	Garden learning and harvesting	Alaskan Basketball Cat and mouse	Marshmallow Toss Chicken Picks
2:45-3:00	<u>Snack/Refuel Time</u>	Snacks time and group talk	Snack time and story	Garden &Snack time!	Snack and Raven tales short	Snacks and week summary
3:00-4:00	<u>Daily project</u>	Craft of the day Ticket bin	Cooking together and engaging cooking skills	Garden harvesting and learning to use the produce	Arts and Crafts	Baking together
4:00	<u>Wrapping the bundle</u>	Introductions to the ticket bidding system for the kiddies	Tickets and closing remarks	Garden wrap up and return	Tickets are received and tallied	Bidding day!!!

START DATE NEXT WEEK JULY 11/22

The ticket bidding system allows kids to earn tickets based on participation and good behaviour that can then be put towards prizes they fancy at the end of the week.